EAGLE PALM REQUIREMENTS

After becoming an Eagle Scout, you may earn Palms by completing the following requirements:



& DATE						
	1. Be active in your troop and patrol for at least three months after becoming an Eagle Scout or after award of last Palm. **	2. Since earning the Eagle Scout rank or your last Eagle Palm, demonstrate Scout spirit by living the Scout Oath and Scout law. Tell how you have done your duty to God and how you have lived the Scout Oath and Scout Law in your everyday life.	3. Make a satisfactory effort to develop and demonstrate leadership ability.	4. Earn five additional merit badges beyond those required for Eagle or last Palm. * *	5. While an Eagle Scout, participate in a Scoutmaster conference.	6. Successfully complete your board of review for the Eagle Palm.
>						

Notes: *For Varsity Scouts working on Bay Scout requirements, replace "troop" with "leam" and "Scoutmaster" with "Varsity Scout Coach." For Venturers working on Bay Scout requirements, replace "troop" with "arew" and "Scoutmaster" with "arew Advisor." For Sea Scouts working on Bay Scout requirements, replace "troop" with "ship" and "Scoutmaster" with "Skipper."

You may wear only the proper combination of Palms for the number of merit badges you earned beyond the rank of Eagle. The Bronze Palm represents five merit badges, the Gold Palm 10, and the Silver Palm 15.

	LEADER INITIAL & DATE
Bronze Palm earned	
Gold Palm earned	
Silver Palm earned	
Second Bronze Palm earned	
Second Gold Palm earned	
Second Silver Palm earned	
Third Bronze Palm earned	
Third Gold Palm earned	
Third Silver Palm earned	

>> BOY SCOUT RANK REQUIREMENTS

The rank requirements in this book are official as of Jan. 1, 2016. Scouts who joined the Boy Scouts of America on or after Jan. 1, 2016, MUST follow the rank requirements as printed in this Boy Scout Handbook or in the current year's Boy Scout Requirements book.

Scouts who joined the BSA prior to Jan. 1, 2016:

- Who are working on the Tenderfoot through First Class ranks MAY continue to follow the old requirements, but MUST convert to the current requirements upon attaining First Class.
- Who have completed the First Class rank MAY complete the rank they are currently working on in the old requirements, but MUST convert to the current requirements for subsequent ranks.

Beginning Jan. 1, 2017, all Scouts MUST use the current requirements regardless of rank.

boy soon requirements, replace intop with strip and sooninaster with skipper. **Eogle Palms must be earned in sequence, and the three-month tenure requirement must be observed for each Palm.

 $[\]star\star\star$ Marit badges eamed any time since becoming a Boy Scout may be used to meet this requirement.

While a Life Scout, participate in a Scoutmaster conference. about the Eagle Scout service project, see the Guide to Advancement, topics BSA publication No. 512-927, in meeting this requirement. (To learn more A project proposal must be approved by the organization benefiting from project must benefit an organization other than the Boy Scouts of America. While a Life Scout, plan, develop, and give leadership to others in a service 9.0.2.0 through 9.0.2.16.) before you start. You must use the Eagle Scout Service Project Workbook, the etfort, your Scoutmaster and unit committee, and the council or district project helpful to any religious institution, any school, or your community. (The LEADER INITIAL & DATE

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Successfully complete your board of review for the Eagle Scout rank. 10 Advancement topic 8.0.3.1.11). This requirement may be met after age 18, in accordance with Guide to

"troop" with "crew" and "Scoutmaster" with "crew Advisor." For Sea Scouts working on Boy Scout requirements, replace "troop" with "ship" and "Scoutmaster" with "Skipper." Notes: For Varsity Scouts working on Boy Scout requirements, replace "troop" with "team" and Scoutmaster", with "Varsity Scout Coach." For Venturers working on Boy Scout requirements, replace

APPEALS AND EXTENSIONS

to Advancement topic 8.0.3.2. of review, he may request a board of review under disputed circumstances in accordance with Guide If a Scout believes he has completed all requirements for the Eagle Scout rank but is denied a board

accordance with Guide to Advancement topic 8.0.4.0. It the board of review does not approve the Scout's advancement, the decision may be appealed in

Scout rank requirements before age 18, he may apply for a limited time extension in accordance with Guide to Advancement topic 9.0.4.0. Time extensions are rarely granted. If a Scout foresees that, due to no fault or choice of his own, he will be unable to complete the Eagle

**AGE REQUIREMENT ELIGIBILITY

Scout, or qualified Venturer or Sea Scout. He may earn these awards until his 18th bithday. Any Venturer or Sea Scout who has achieved the First Class rank as a Boy Scout in a troop or Varsity ranks and Eagle Palms. Scout in a team may continue working up to his 18th birthday toward the Star, Life, and Eagle Scout Werit badges, badges of rank, and Eagle Palms may be earned by a registered Boy Scout, Varsity

afaches to the application a statement explaining the delay. Consult the Guide to Advancement, topic 8.0.3.1, in the case where a board of review is to be conducted more than six months after approval, the candidate, his parent or guardian, the unit leader, or a unit committee member An Eagle Scout board of review may occur, without special approval, within three months after the 18th birthday, Local councils must preapprove those held three to six months afterward. To initiate a candidate's 18th birthday.

If you have a permanent physical or mental disability, or a disability expected to last more than two years or beyond age 18, you may become an Eagle Scout by qualifying for as many required merit badges as you can and qualifying for alternative merit badges for the rest. If you seek to become an work on alternative merit badges. center. Your application must be approved by your council advancement committee **before you can** Eagle Scout under this procedure, you must submit a special application to your local council service

A Scout or Venturer with a disability may also qualify to work toward rank advancement after he is 18 years ot age it he meets the guidelines outlined in section 10 of the Guide to Advancement



LEADER NITING & DATE		d Scout the Scout ling oon w w inth an	kl, ommunity, ication, oving,	i, and k. unted as 1.	ARNED											ne or	r patrol chief, ter,	J leader, historian, outdoor	*	nization,
AGLE RANK REQUIREMENTS	Be active in your troop for at least six months as a Life Scout.	As a Life Scout, demonstrate Scout Spirit by living the Scout Oath and Scout Law. Tell how you have done your duty to God, how you have lived the Scout Oath and Scout Law in your everyday life, and how you radestanding of the Scout Oath and Scout Law will guide your life in the future. List on your Eagle Scout Rank Application the names of individuals who know you personally and would be willing to provide a recommendation on your behalf, including parents/ganddinas, religious (if not affiliated with an organized religion, then the parent or guardian provides this reference), educations, employer (if employed), and two other references.	Earn a total of 21 merit badges (10 more than required for the Life rank), including these 13 merit badges: (a) First Aid, (b) Citizenship in the Community, (c) Citizenship in the Nation, (d) Citizenship in the World, (e) Communication, (f) Cooking, (g) Personal Fitness, (h) Emergency Preparedness OR Lifesaving, (i) Environmental Science OR Sustainability, (i) Personal Management, (k) Swimming OR Hiking OR Cycling, (l) Camping, and (m) Family Life.	You must choose only one of the merit badges listed in categories h, i, and k. Any additional merit badgels) earned in those categories may be counted as one of your eight optional merit badges used to make your total of 21.	F BADGE DATE EARNED											While a Life Scout, serve actively in your troop for six months in one or more of the following positions of responsibility?:	Boy Scout troop. Patrol leader, assistant senior patrol leader, senior patrol leader, troop guide, Order of the Arrow troop representative, den chief, scribe, librarian, historian, quartermaster, junior assistant Scoutmaster, chaplain aide, instructor, webmaster, or outdoor ethics guide.	Varsity Scout team. Captain, cocaptain, program manager, squad leader, team secretary, Order of the Arrow team representative, librarian, historian, quartermaster, chaptain aide, instructor, den chief, webmaster, or outdoor ethics guide.	Venturing arew/Sea Scout ship. President, vice president, secretary, treasurer, quartermaster, historian, den chief, guide, boatswain, boatswain's mate, yeoman, purser, storekeeper, or webmaster.	Lone Scout. Leadership responsibility in your school, religious organization, club, or elsewhere in your community.
E RANK	Be active in your	As a Life Scout, d Law. Tell how you Oath and Scout L of the Scout Oath your Eagle Scout you behalf, inclu- organized religio educational, emp	Earn a total of 21 including these 13 (c) Citizenship in t (f) Cooking, (g) Pe (i) Environmental S (k) Swimming OR	You must choose. Any additional moone of your eight	NAME OF MERIT BADGE	1.	2.	.s.	4.	5.	9.	7.	œ.	6.	10.	While a Life Sco more of the follow	Boy Scout troop. leader, troop gui scribe, librarian, chaplain aide, ir	Varsity Scout tea team secretary, C quartermaster, ch ethics guide.	Venturing crew/ treasurer, quarter boatswain's mate	Lone Scout. Lead club, or elsewher
D	-	તં	က်													4				

Passistant patrol leader and bugler are not approved positions of responsibility for the Eagle Scoutrank. Likewise, a Scoutmasterapproved leadership project cannot be used in lieu of serving in a position of responsibility.

SCOUT RANK REQUIREMENTS



Webelos Scouting Adventure, simply demonstrate your knowledge or skills of a troop. If you have already completed these requirements as part of the All requirements for the Scout rank must be completed as a member to your Scoutmaster or other designated leader after joining the troop.

>			LEADER INITIAL & DATE
	Jā.	Repeat from memory the Scout Oath, Scout Law, Scout motto, and Scout slogan. In your own words, explain their meaning.	
	<u>.</u>	Explain what Scout spirit is. Describe some ways you have shown Scout spirit by practicing the Scout Oath, Scout Law, Scout motto, and Scout slagan.	
	75.	Demonstrate the Boy Scout sign, salute, and handshake. Explain when they should be used.	
	-je	Describe the First Class Scout badge and tell what each part stands for. Explain the significance of the First Class Scout badge.	
	<u>е</u>	Repeat from memory the Outdoor Code. In your own words, explain what the Outdoor Code means to you.	
	1f.	Repeat from memory the Pledge of Allegiance. In your own words, explain its meaning.	
	2.	After attending at least one Boy Scout troop meeting, do the following:	
	2a.	Describe how the Scouts in the troop provide its leadership.	
	2b.	Describe the four steps of Boy Scout advancement.	
	2 c.	Describe what the Boy Scout ranks are and how they are earned.	
	2d.	Describe what merit badges are and how they are earned.	
	За.	Explain the patrol method. Describe the types of patrols that are used in your troop.	
	ЗВ.	Become familiar with your patrol name, emblem, flag, and yell. Explain how these items create patrol spirit.	
	4a.	Show how to the a square knot, two half-hitches, and a taut-line hitch. Explain how each knot is used.	
	4 b.	Show the proper care of a rope by learning how to whip and fuse the ends of different kinds of rope.	
	5.	Demonstrate your knowledge of pocketknife safety.	
	٠	With your parent or guardian, complete the exercises in the pamphlet How to Protect Your Children From Child Abuse: A Parent's Guide and earn the Cyber Chip Award for your grade. ¹	
	7.	Since joining the troop and while working on the Scout rank, participate in a Scoutmaster conference.	

Notes: For Varsity Scouts working on Boy Scout requirements, replace "troop" with "team" and "Scoutmaster" with "Varsity Scout Coach."

The requirements for the Scout, Tenderfoot, Second Class, and First Class ranks may be worked on simultaneously; however, these ranks must be earned in sequence.

If your family does not have Internet access at home AND you do not have ready Internet access at school or another public place or via a mobile device, the Cyber Chip portion of this requirement may be waived by your Scoutmaster in consultation with your parent or gvardian.



TENDERFOOT RANK REQUIREMENTS

		LEADER INITIAL & DATE
CAM	CAMPING AND OUTDOOR ETHICS	
la.	Present yourself to your leader, prepared for an overnight camping trip. Show the personal and camping gear you will use. Show the right way to pack and carry it.	
₽.	Spend at least one night on a patrol or troop campout. Sleep in a tent you have helped pitch.	

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As a Star Scout, demonstrate Scout spirit by living the Scout Oath and Scout Law. Tell how you have done your duty to God and how you have lived the Scout Oath and Scout Law in your everyday life.

Be active in your troop for at least six months as a Star Scout.

2b.	While on a campout, demonstrate the appropriate method of safety
	cleaning items used to prepare, serve, and eat a meal.
2c.	Explain the importance of eating together as a patrol.
TOOLS	S
3a.	Demonstrate a practical use of the square knot.
36.	3b. Demonstrate a practical use of two half-hitches

<u>2</u>b.

2a.

<u>.</u>

Tell how you practiced the Outdoor Code on a campout or outing.

On the campout, assist in preparing one of the meals. Tell why it is important

for each patrol member to share in meal preparation and cleanup.

Demonstrate proper care, sharpening, and use of the knife, saw, and ax. Describe when each should be used.

3d. <u>ვ</u>

Demonstrate a practical use of the taut-line hitch

Show first aid for the following: Simple cuts and scrapes

4a.

- Blisters on the hand and foot
- Minor (thermal/heat) burns or scalds (superficial, or first-degree)
- Bites or stings of insects and ticks
- Venomous snakebite
- Nosebleed
- Frostbite and sunburn

Choking

<u>4</u>c. **4**b. Tell what you can do while on a campout or other outdoor activity to prevent or reduce the occurrence of injuries or exposure listed in Tenderfoot Describe common poisonous or hazardous plants; identify any that grow in your local area or campsite location. Tell how to treat for exposure to them. requirements 4a and 4b.

Assemble a personal firstaid kit to carry with you on future campouts and hikes. Tell how each item in the kit would be used.

4d.

ı		
	5a.	Explain the importance of the buddy system as it relates to your persona
		safety on outings and in your neighborhood. Use the buddy system while
		on a troop or patrol outing.
	5b.	Describe what to do if you become lost on a hike or campout.
	5c.	Explain the rules of safe hiking, both on the highway and cross-country,
		during the day and at night.

LIFE RAZK REQUIREMEZ!





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RANK REQUIREMENTS

œ	7.	6.	'n.	4.					ယ
Successfully complete your board of review for the Life rank.8	While a Star Scout, participate in a Scoutmaster conference.	While a Star Scout, use the Teaching EDGE method to teach another Scout (preferably younger than you) the skills from ONE of the following choices, so that he is prepared to pass those requirements to his Scoutmaster's satisfaction. a. Tendefroot 4a and 4b (first aid) b. Second Class 2b, 2c, and b. Second Class 2b, 2c, and c. Second Class 2b, 2c, and d. First Class 7a and 7b (first aid) c. Second Class 3a and 3d (navigation) h. Thee requirements from one of the requirements from the sadges, as approved by your Scoutmaster	While a Star Scout, serve actively in your troop for six months in one or more of the following troop positions of responsibility (or carry out a Scoutmasterapproved leadership project to help the troop). Bay Scout troop, Patrol leader, assistant senior patrol leader, senior patrol leader, troop guide, Order of the Arrow troop representative, den chief, scribe, librarian, historian, quartermaster, bugler, junior assistant Scoutmaster, chaplain aide, instructor, webmaster, or outdoor ethics guide. Varsity Scout team. Captain, accaptain, program manager, squad leader, team secretary, Order of the Arrow team representative, librarian, historian, quartermaster, chaplain aide, instructor, den chief, webmaster, or outdoor ethics guide. Venturing arew/Sea Scout ship, President, vice president, secretary, treasurer, den chief, quartermaster, historian, guide, boatswain's mate, yeoman, purser, storekeeper, or webmaster. Lone Scout. leadership responsibility in your school, religious organization, club, or elsewhere in your community.	While a Star Scout, participate in six hours of service through one or more service projects approved by your Scoutmaster. At least three hours of this service must be conservation-related.	[Eoglerequired]	[Eaglerequired]	[Eaglerequired]	NAME OF MERIT BADGE DATE EARNED	Earn five more merit badges (so that you have 11 in all), including any three additional badges from the required list for Eagle. You may choose any of the 17 merit badges on the required list for Eagle to fulfill this requirement. See Eagle rank requirement 3 for this list.

Nobes: For Varsity Scouts working on Boy Scout requirements, replace "troop" with "learn" and "Scoutmaster" with "Varsity Scout Coach." For Venturers working on Boy Scout requirements, replace "troop" with "crew" and "Scoutmaster" with "crew Advisor," For Sea Scouts working on Boy Scout requirements, replace "troop" with "she "Coutmaster" with "crew Advisor," For Sea Scouts working on Boy Scout requirements, replace "troop" with "she and "Scoutmaster" with "Skipper." "troop" with "ship"

Assistant patrol leader is not an approved position of responsibility for the Star, Life, or Eagle rank.

⁹¹ the board of review does not approve the Scout's advancement, the decision may be appealed in accordance with Guide to Advancement topic 8.0.4.0.



1. Be active in your troop for at least four months as a first and Scout law. Tell how you have done your duty to Ce have lived the Scout Oath and Scout law in your every four brown lived the Scout Oath and Scout law in your every four brown lived the Scout law. Tell how you have done your duty to Ce have lived the Scout Oath and Scout law in your every four may choose any of the 17 ment badges on the requirement. See Eagle rank requirement 3th NAME OF MERIT BADGE Itaglerequired I
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replace "troop" with "arew" and "Scoutmaster" with "crew Advisor." For Sea Scouts working on Notes: For Varsity Scouts working on Boy Scout requirements, replace "troop" with "leam" and "Scoutmaster" with "Varsity Scout Coach." For Venturers working on Boy Scout requirements, Boy Scout requirements, replace "troop" with "ship" and "Scoutmaster" with "Skipper."

LEADER INITIAL & DATE Describe the steps in Scouting's Teaching EDGE method. Use the Teaching EDGE method to teach another person how to tie the square knot. Participate in a total of one hour of service in one or more service projects Demonstrate Scout spirit by living the Scout Oath and Scout Law. Tell how you have done your duty to God and how you have lived four different Develop and describe a plan for improvement in each of the activities listed in Tenderfoot requirement 6a. Keep track of your activity for at least . (Record the number done correctly in 60 seconds.) approved by your Scoutmaster. Explain how your service to others relates (Record the number done correctly in 60 While working toward the Tenderfoot rank, and after completing Scout Show improvement (of any degree) in each activity listed in Tenderfoot (Record the distance stretched.) (Record the distance stretched.) (Record the number done correctly in Successfully complete your board of review for the Tenderfoot rank. Demonstrate how to display, raise, lower, and fold the U.S. flag. rank requirement 7, participate in a Scoutmaster conference. (Record the number done correctly in . (Record the time.) - (Record the time.) points of the Scout Law in your everyday life. requirement 6a after practicing for 30 days. Record your best in the following tests: to the Scout slogan and Scout motto. Back-saver sit-and-reach _ Back-saver sit-and-reach _ 1-mile walk/run _ 1-mile walk/run _ Situps or curl-ups. Situps or curl-ups. 60 seconds.) 60 seconds. seconds.) Pushups Pushups 30 days. ۵. 9. ģ. ê. Ś. ٥: œί

Notes: For Varsity Scouts working on Boy Scout requirements, replace "troop" with "team" and "Scoutmaster" with "Varsity Scout Coach."

The requirements for the Scout, Tenderfoot, Second Class, and First Class ranks may be worked on simultaneously; however, these ranks must be earned in sequence. Alternative requirements for the Tenderfoot rank are available for Scouts with physical or mental disabilities if they meet the criteria listed in the Boy Scout Requirements book

⁴Assistant patrol leader is not an approved position of responsibility for the Star rank

access at school or another public place or via a mobile device, the Cyber Chip portion of this requirement may be waived by your Scoutmaster in consultation with your parent or guardian. 51f your family does not have Internet access at home AND you do not have ready Internet

off the board of review does not approve the Scout's advancement, the decision may be appealed in accordance with Guide to Advancement topic 8.0.4.0.

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SECOND CLASS RANK REQUIREMENTS

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3d.	<u>ဒ</u> င်	<u>3</u>	3 ₀ .	NAVIO	2g.	2f.	2e.	2d.	2c.	2b.	2a.	COOK	ŀ	1b.	la.	CAMP	
Demonstrate how to find directions during the day and at night without using a compass or an electronic device.	Describe some hazards or injuries that you might encounter on your hike and what you can do to help prevent them. ²	Using a compass and map together, take a 5-mile hike (or 10 miles by bike) approved by your adult leader and your parent or guardian. ²	Demonstrate how a compass works and how to orient a map. Use a map to point out and tell the meaning of five map symbols.	NAVIGATION	Demonstrate tying the bowline knot. Describe a situation in which you would use this knot.	Demonstrate tying the sheet bend knot. Describe a situation in which you would use this knot.	On one campout, plan and cook one hot breakfast or lunch, selecting foods from MyPlate or the current USDA nutritional model. Explain the importance of good nutrition. Demonstrate how to transport, store, and prepare the foods you selected.	Explain when it is appropriate to use a lightweight stove and when it is appropriate to use a propane stove. Set up a lightweight stove or propane stove. Light the stove, unless prohibited by local fire restrictions. Describe the safety procedures for using these types of stoves.	At an approved outdoor location and time, use the tinder, kindling, and fuel wood from Second Class requirement 2b to demonstrate how to build a fire. Unless prohibited by local fire restrictions, light the fire. After allowing the flames to burn safely for at least two minutes, safely extinguish the flames with minimal impact to the fire site.	Use the tools listed in Tenderfoot requirement 3d to prepare tinder, kindling, and fuel wood for a cooking fire.	Explain when it is appropriate to use a fire for cooking or other purposes and when it would not be appropriate to do so.	COOKING AND TOOLS	On one of these campouts, select a location for your patrol site and recommend it to your patrol leader, senior patrol leader, or troop guide. Explain what factors you should consider when choosing a patrol site and where to pitch a tent.	Explain the principles of Leave No Trace and tell how you practiced them on a campout or outing. This outing must be different from the one used for Tenderfoot requirement 1c.	Since joining, participate in five separate troop/patrol activities, three of which include overnight camping. These five activities do not include troop or patrol meetings. On at least two of the three campouts, spend the night in a tent that you pitch or other structure that you help erect (such as a lean-to, snow cave, or tepee).	CAMPING AND OUTDOOR ETHICS	
																	LEADER INITIAL & DATE
																	E

²If you use a wheelchair or crutches, or if it is difficult for you to get around, you may substitute "trip" for "hike" in requirement 3b and 3c.

9c.	On a Scouting or family outing, take note of the trash and garbage you produce. Before your next similar outing, decide how you can reduce, recycle, or repurpose what you take on that outing, and then put those plans into action. Compare your results.
9d.	Participate in three hours of service through one or more service projects approved by your Scoutmaster. The project(s) must not be the same service project(s) used for Tenderfoot requirement 7b and Second Class requirement 8e. Explain how your service to others relates to the Scout law.
LEAD	LEADERSHIP
10.	Tell someone who is eligible to join Boy Scouts, or an inactive Boy Scout, about your Scouting activities. Invite him to an outing, activity, service project, or meeting. Tell him how to join, or encourage the inactive Boy Scout to become active. Share your efforts with your Scoutmaster or other adult leader.
SCOL	SCOUT SPIRIT
Ξ.	Demonstrate Scout spirit by living the Scout Oath and Scout Law. Tell how you have done your duty to God and how you have lived four different points of the Scout Law (different from those points used for previous ranks) in your everyday life.
12.	While working toward the First Class rank, and after completing Second Class requirement 11, participate in a Scoutmaster conference.
13.	Successfully complete your board of review for the First Class rank.

Notes: For Varsity Scouts working on Boy Scout requirements, replace "troop" with "leam" and "Scoutmaster" with "Varsity Scout Coach."

The requirements for Scout, Tenderfoot, Second Class, and First Class ranks may be worked on simultaneously; however, these ranks must be earned in sequence.

Alternative requieements for the First Class rank are available for Scouts with physical or mental disabilities.



LEADER INITIAL & DATE																							
	Describe at least three natural indicators of impending hazardous weather, the potential dangerous events that might result from such weather conditions, and the appropriate actions to take.	Describe extreme weather conditions you might encounter in the outdoors in your local geographic area. Discuss how you would determine ahead of time the potential risk of these types of weather dangers, alternative planning considerations to avoid such risks, and how you would prepare for and respond to those weather conditions.	JATICS	Successfully complete the BSA swimmer test. ³	Tell what precautions must be taken for a safe trip afloat.	Identify the basic parts of a canoe, kayak, or other boat. Identify the parts of a paddle or an oar.	Describe proper body positioning in a watercraft, depending on the type and size of the vessel. Explain the importance of proper body position in the boat.	With a helper and a practice victim, show a line rescue both as tender and as rescuer. (The practice victim should be approximately 30 feet from shore in deep water.)	T AID AND EMERGENCY PREPAREDNESS	Demonstrate bandages for a sprained ankle and for injuries on the head, the upper am, and the collarbone.	By yourself and with a partner, show how to:	 Transport a person from a smokefilled room. Transport for at least 25 yards a person with a sprained ankle. 	Tell the five most common signals of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR).	Tell what utility services exist in your home or meeting place. Describe potential hazards associated with these utilities and tell how to respond in emergency situations.	Develop an emergency action plan for your home that includes what to do in case of fire, storm, power outage, and water outage.	Explain how to obtain potable water in an emergency.	IESS	After completing Second Class requirement 7a, be physically active at least 30 minutes each day for five days a week for four weeks. Keep track of your activities.	Share your challenges and successes in completing First Class requirement 8a. Set a goal for continuing to include physical activity as part of your daily life.	CITIZENSHIP	Visit and discuss with a selected individual approved by your leader (for example, an elected official, judge, attomey, civil servant, principal, or teacher) the constitutional rights and obligations of a U.S. citizen.	Investigate an environmental issue affecting your community. Share what you learned about that issue with your patrol or troop. Tell what, if anything, could be done by you or your community to address the concern.	
	5c.	<u>5</u> 2	AQL	6 a.	6 p.	6	9	, фе.	FIRST	7a.	₽.		7c.	λd.	7e.	⊭	FITNESS	æ æ	8	CIII	ģ	8	
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³See the Swimming merit badge requirements for details about the BSA swimmer test.

>			& DATE
	NATURE	RE	
	4	Identify or show evidence of at least 10 kinds of wild animals (such as birds, mammals, reptiles, fish, or mollusks) found in your local area or camping location. You may show evidence by tracks, signs, or photographs you have taken.	
	AQUATICS	TICS	
	5a.	Tell what precautions must be taken for a safe swim.	
	5b.	Demonstrate your ability to pass the BSA beginner test: Jump feeffirst into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place.	
	5c.	Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects.	
	5d.	Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible. Explain why and how a rescue swimmer should avoid contact with the victim.	
	FIRST	FIRST AID AND EMERGENCY PREPAREDNESS	
	6 a.	Demonstrate first aid for the following:	
		Object in the eye Bite of a warm-blooded animal	
		 Puncture wounds from a splinter, nail, and fishhook Serious burns (partial thickness, or second-degree) 	
		Heat exhaustion Shock	
		 Heatstroke, dehydration, hypothermia, and hyperventilation 	
	.	Show what to do for "hurry" cases of stopped breathing, stroke, severe bleeding, and ingested poisoning.	
	%	Tell what you can do while on a campout or hike to prevent or reduce the occurrence of the injuries listed in Second Class requirements 6a and 6b.	
	6d.	Explain what to do in case of accidents that require emergency response in the home and backcountry. Explain what constitutes an emergency and what information you will need to provide to a responder.	
	çe.	Tell how you should respond if you come upon the scene of a vehicular accident.	
	FITNESS	25	
	7а.	After completing Tenderfoot requirement 6c, be physically active at least 30 minutes each day for five days a week for four weeks. Keep track of your activities.	
	7b.	Share your challenges and successes in completing Second Class requirement 7a. Set a goal for continuing to include physical activity as part of your daily life and develop a plan for doing so.	

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FIRST CLASS R

CAMPING AND OUTDOOR ETHICS Since joining, participate in 10 separate troop/patrol activities, six of which include overnight camping. These 10 activities do not include troop or partol meetings. On at least five of the six campouts, spend the night in a tent that you pitch or other structure that you help erect (such as a learnto, snow cave, or lespee). Explain each of the principles of Tread Lightly) and tell how you practiced them on a campout or outing. This outing must be different from the ones used for lendertoot requirement 1 c and Second Class requirement 1 b. COCKING 26. Help plan a menu for one of the above campouts that includes at least one breakfast, and burch, and one dinner, and that requires cooking at least two of the meals. Tell how the menu includes the foods from MyPlate or the current USDA nutritional macel and how it meets nutritional needs for the demands activity or campout. 26. Using the menu planned in First Class requirement 2a, make a list showing a budget and the food amounts needed to feed three or more boys. Secure the integredients. 27. Show which to properly dispose of camp garbage, cans, plastic continuers, and other rubbish. 28. Demonstrate that pare, utensils, and other gear will be needed to cook and products. Show how to properly dispose of camp garbage, cans, plastic continuers, and other rubbish. 28. Demonstrate lying the stating fire. Prepare the breakfast, lunch, and dimer planned in First Class requirement 2a. Supervise your assistants) in using a stove or building a cooking fire. Prepare the breakfast, lunch, and dimer planned in First Class requirement 2a. Supervise the cleanup. 29. Demonstrate lying the stating fire. Prepare the breakfast, lunch, and dimer planned in First Class requirement 2a. Supervise pour assistants) in using a stove or building a cooking fire. Prepare the breakfast, lunch, and dimer planned in First Class requirement 2a. Supervise the cleanup. 29. Demonstrate lying the supervise planned ashings. 29. Demonstrate lying the supervise me	5b.	5a.	z	4 b	4 a.	Z	3d.	<u>ဒ</u> င္	3Ь.	3a.	7.	2e.	2d.	2c.	2b.	2a.	2	1 b .	10.	2	<
		Identify or show evidence of at least 10 kinds of native plants in your local area or campsite location. You may show evider identifying fallen leaves or fallen fruit that you find in the field, a collection you have made, or by photographs you have take	ATURE			WIGATION		Demonstrate tying the square, or more poles or staves toget			OLS		Demonstrate the procedures to follow in the safe handling and stora fresh meats, dairy products, eggs, vegetables, and other perishable products. Show how to properly dispose of camp garbage, cans, p containers, and other rubbish.							MPING AND OUTDOOR ETHICS	

9a.

Explain the three R's of personal safety and protection

Describe bullying; tell what the appropriate response is to someone who is

PERSONAL SAFETY AWARENESS

the Scout Oath

approved by your Scoutmaster. Tell how your service to others relates to

8e.

Class requirement 8c, decide if you will use the amount that you earned as originally intended, save all or part of it, or use it for another purpose. Participate in two hours of service through one or more service projects

are saving to determine the best place to purchase it. After completing Second At a minimum of three locations, compare the cost of the item for which you

8d.

met your goal.

way. Discuss any changes made to your original plan and whether you purchase. Develop a written plan to earn the amount agreed upon and follow that plan; it is acceptable to make changes to your plan along the would like to earn, based on the cost of a specific item you would like to

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bullying you or another person.

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Demonstrate Scout spirit by living the Scout Oath and Scout Law. Tell how you have done your duty to God and how you have lived four different points of the Scout Law (not to include those used for Tenderfoot

requirement 9) in your everyday life.

8c.

With your parents or guardian, decide on an amount of money that you

Explain what respect is due the flag of the United States

<u>8</u>b.

8a.

Participate in a flag ceremony for your school, religious institution, chartered organization, community, or Scouting activity.

Scout Oath and Scout Law relate to what you learned.

Scoutmaster or other adult leader in your troop about which parts of the tamily, and explain the dangers of substance addictions. Report to your harmful to your health. Discuss your participation in the program with your **7**c.

Participate in a school, community, or troop program on the dangers of using drugs, alcohol, and tobacco and other practices that could be

IEADER INITIAL & DATE

Notes: For Varsity Scouts working on Boy Scout requirements, replace "troop" with "team" and "Scoutmaster" with "Varsity Scout Coach

Successfully complete your board of review for the Second Class rank. While working toward the Second Class rank, and after completing Tenderfoot requirement 10, participate in a Scoutmaster conference.

12.

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on simultaneously; however, these ranks must be earned in sequence. The requirements for Scout, Tenderfoot, Second Class, and First Class ranks may be worked

mental disabilities it they meet the criteria listed in the Boy Scout Requirements book Alternative requirements for the Second Class rank are available for Scouts with physical or